



people incorporated

*The Path to Opportunity*

Located at  
127 North Main Street  
Assonet, MA



The Jack Rua Camp for Children with Diabetes



**Diabetes**  
Education & Camping  
Association

## about Camp Jack

An accredited member of the American Camp Association, The Jack Rua Camp for Children with Diabetes is a place where kids with diabetes, ages 5-14, their siblings, and friends benefit from hands-on learning experiences in diabetes management within a fun and welcoming environment.

For six weeks during the months of July and August, campers are invited to join us at the Camp Welch site, located at 127 North Main Street in Assonet, Massachusetts. One of our primary goals is to teach our campers about healthy living and diabetes. All activities, snacks, and meals have been designed with diabetes management in mind and are carefully supervised and monitored by trained staff. Whether your camper has had diabetes for years or is newly diagnosed, they will learn essential lessons in health and wellness, while building social supports in the process.

## camp staff

Our executive staff is a highly qualified team of well-trained specialists with decades of combined camp experience. With a high staff-to-camper ratio and an on-site medical team, we are able to provide quality care in a fun, safe, and supportive environment.

- **Emily Martins:** Camp Director
- **Thomas Hopkins:** Physicians Assistant, Health Care Consultant
- **Nicole Viveiros:** Lead Registered Nurse
- **Kayla Carmo:** Registered Nurse
- **Vanessa Burchill:** Licensed Practical Nurse

### **Camp Counselors**

Our Camp Jack Camp Counselors are an energetic, enthusiastic and motivated group of individuals who are all CPR/First Aid certified and trained in diabetes management.

**\*All Camp Jack staff members have passed a Massachusetts CORI and SORI background check.**

# camp staff (continued)

## Our Counselor in Training Program (CIT)

Ages 14 & 15

Throughout camp, CIT members participate in a fun camp opportunity. Our CIT program will focus on Type 1 Diabetes management, confidence, self-esteem, independence and leadership skills, decision making, healthy peer relationships all while engaging in tons of fun!

The CIT program cost is \$100 a week for the 6 weeks of Camp Jack. All participants must register and attend a minimum of 5 weeks. This program is facilitated by our Camp Director.





## activities

In addition to our medical expertise, we're also masters of fun! Campers will enjoy access to swimming pools and multiple athletic fields. Our theme weeks are filled with activities which include arts and crafts, swimming, nature explorations, team building exercises, sports, physical fitness activities and more. Throughout the summer, special guests are invited to camp to teach, motivate, and inspire our campers.

## health & safety

The health and safety of all campers is our number one priority at Camp Jack:

- One Lead Registered Nurse (RN), one RN, and one Licensed Practical Nurse (LPN) on site.
- Local Physician's Assistant as the Camp Health Care Consultant.
- Staff members who are trained in Type 1 Diabetes management.
- Policies and procedures in compliance with the Massachusetts Department of Public Health.
- Appropriate snacks and drinks provided.
- Accredited member of the American Camp Association (ACA).



# financial information

Camp Jack is \$230 per week per camper. Financial assistance may be available for campers who qualify. When registration is complete, you will be asked to upload the necessary tax forms for review by the Camp Director. **If you upload a letter from your Endocrinologist stating camp helps with your child/children social and emotional well-being, you will receive an additional 25% of your cost of camp.**

# registration

Every year, registration for Camp Jack begins on March 1st. Registration is on a first come first serve basis. All campers must be:

- Type 1 Diabetics
- Sibling/relative of a camper with T1D
- Close friend of a camper with T1D

The Diabetes Association, Inc. works hard throughout the year to secure financial aid to ensure that no child with diabetes is turned away due to lack of funds. We are able to operate Camp Jack through the support of generous donations and sponsorships from our community partners.



## 2025 theme weeks

- **Week 1** (Jul 7 - 11) Nature Explorers
- **Week 2** (Jul 14 - 18) Sports Mania
- **Week 3** (Jul 21 - 25) Wild & Wacky Water
- **Week 4** (July 28 - Aug 1) Mad Scientist
- **Week 5** (Aug 4 - 8) Camp Jack's Got Talent
- **Week 6** (Aug 11 - 15) Color Wars

# contact

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